

# Intentional Care Rounds

is it just ticking a box?

Greg Dix

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# UNITED KINGDOM

NORTH ATLANTIC OCEAN



# Plymouth Hospitals NHS Trust



# Plymouth Hoe

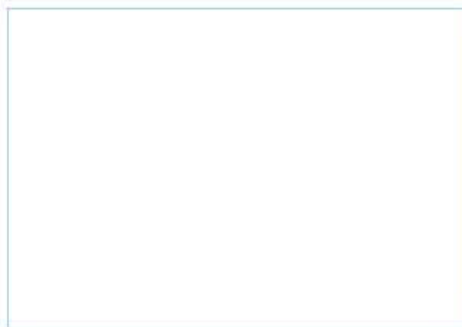




Musgrove Park Hospital

Taunton and Somerset NHS Foundation Trust  
**Nursing and Midwifery Strategy 2010-13**

A Framework for Action



For staff groups providing direct patient care:

- Nurses
- Midwives
- Operating Department Practitioners
- Technicians
- Dental Nurses
- Assistant Practitioners
- Healthcare Assistants and Support Workers



Comment is free

# Failing hospitals should close

Experience in Thurrock, Basildon and Colchester shows a need not for regulation but reform: punish failure and reward success



**Michael Macdonnell**

guardian.co.uk, Friday 27 November 2009 16.45 GMT

[Article history](#)

...measures, the third in a series of reports into p



**By Martin Beckford, Health Correspondent**

12:01AM BST 09 Jun 2011

## NHS Trust where 270 died of superbug STILL making 'serious' hygiene breaches

By DANIEL MARTIN

Last updated at 10:04 PM on 8th January 2009



## Neglect of the elderly who die in NHS hospital

By JENNY HOPE

Last updated at 7:48 AM on 11th November 2010



Wednesday, 15 June 2011

in to comment

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EXCLUSIVE

# National Horror Story

By TOM NEWTON DUNN



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### UK NEWS

## TRUST PAYS UP OVER 'APPALLING' CARE



Sunday October 31, 2010

An NHS trust has been forced to



## Dying hospital patient phoned switchboard begging for a drink after nurses said 'No'

By LIZ HULL

Last updated at 11:03 PM on 29th March 2010

# What is intentional Rounding?

- Intentional rounding is a structured method of care delivery where patients are visited by a nurse every 1-2 hours to ensure their fundamental care needs are met.
- USA – 3 P's



Patients Details: (or affix addressograph label)

Patient Forename(s)
Patient Surname:
Hospital Number:
N.H.S. Number:
D.o.B:

## Intentional Rounding Checklist



Musgrove Park Hospital

Date		Allocated staff member	
Time Commenced		Time Completed	

Intentional Rounding Interventions		Key A = Achieved V = Variance/problem S = Sleep U = Patient Unavailable													
Intervention		01	03	05	07	09	11	13	15	17	19	21	23		
	2 hourly (Tick box to indicate)														
	hourly (high concern pts) <small>(Tick box to indicate and record time)</small>														
1	<b>Pain</b> Comfortable? / pain free? / postural?														
2	<b>Hydration &amp; Nutrition</b> Hungry/Thirsty - require assistance?														
3	<b>Continence</b> Do you need the toilet? bowels open/d? Skin clean / dry?														
4	<b>Skin Integrity</b> Patient at risk? <small>(Check water flow / action plan up to date)</small> Skin inspected? Record Y = Yes N = No Position changed? RS/LS = Right/left side, SO = sitting out, B = back, P = prone, M = mobile														
5	<b>Falls Management &amp; Call Bell</b> Falls plan implemented? Call bell with in reach?														
6	<b>Communication</b> Can I do anything else for you? Concerns / anxieties?														
<b>Staff initials</b>															

Variance Analysis - Complete for all recorded variance			
Time	What Variance occurred and why?	Action Taken	Initials



# Is it just a tick box exercise??

Intentional Rounding is a conversation and **not** just a checklist that values the patient and takes care back to the bedside

“ is there anything else I can do for you, I have the time”

# Implementation

- Pilot – Medical Assessment Unit – Jan 11
- Staff Nurse Champion on MAU
- Education and Training
- Defining Organisation and Staff expectations
- Re-organising care delivery
- Developing the IR form
- **Staff resistance**
- Hospital wide roll out – 18 months



Musgrove Park Hospital

Taunton & Somerset NHS Foundation Trust  
Certificate of Improvement

*is hereby granted to:*

MAU

*for the most improved performance in*

*Nursing Metrics*

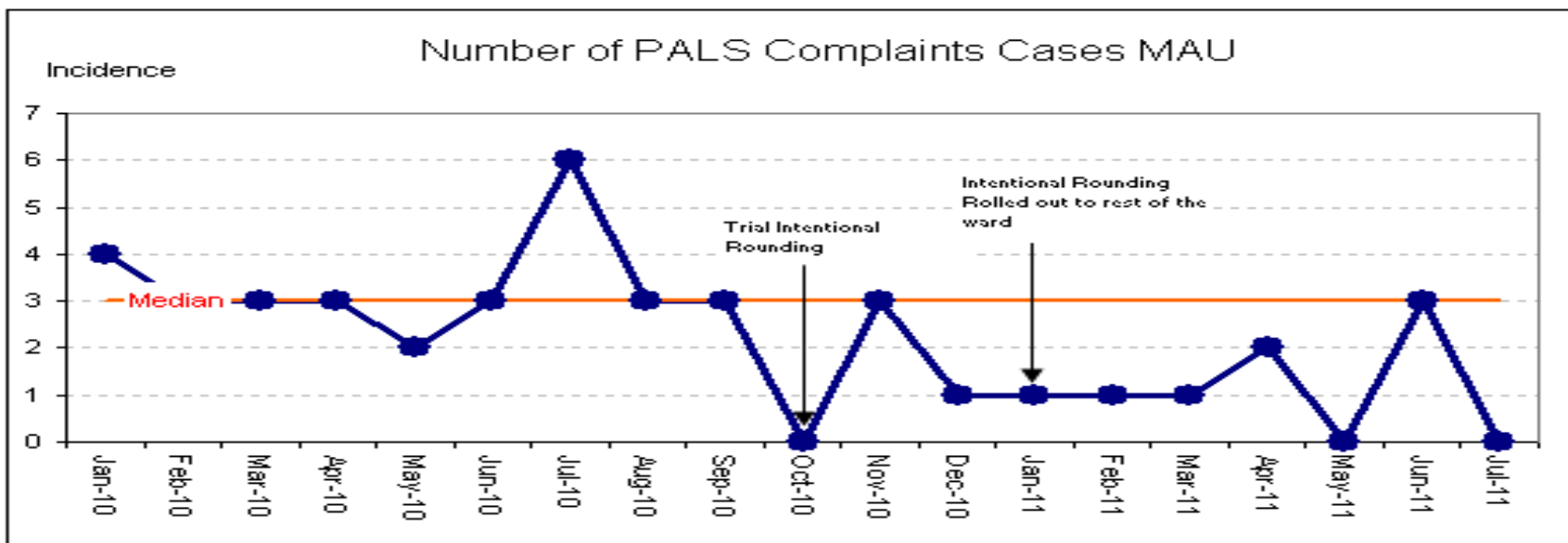
*Granted: September 2010 – February 2011*



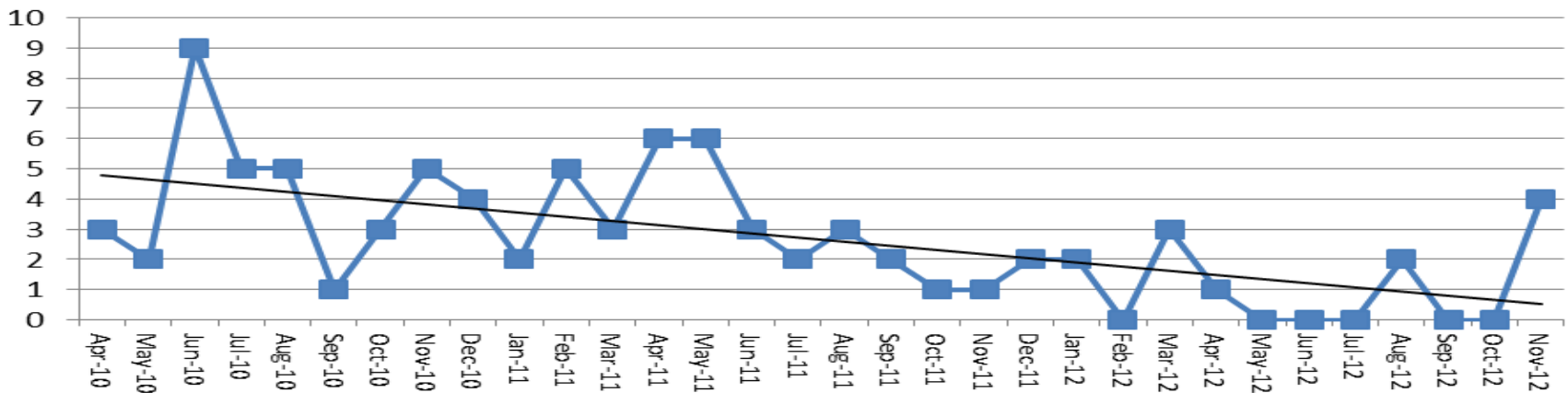
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*Greg Dix, Acting Director of Governance & Nursing*

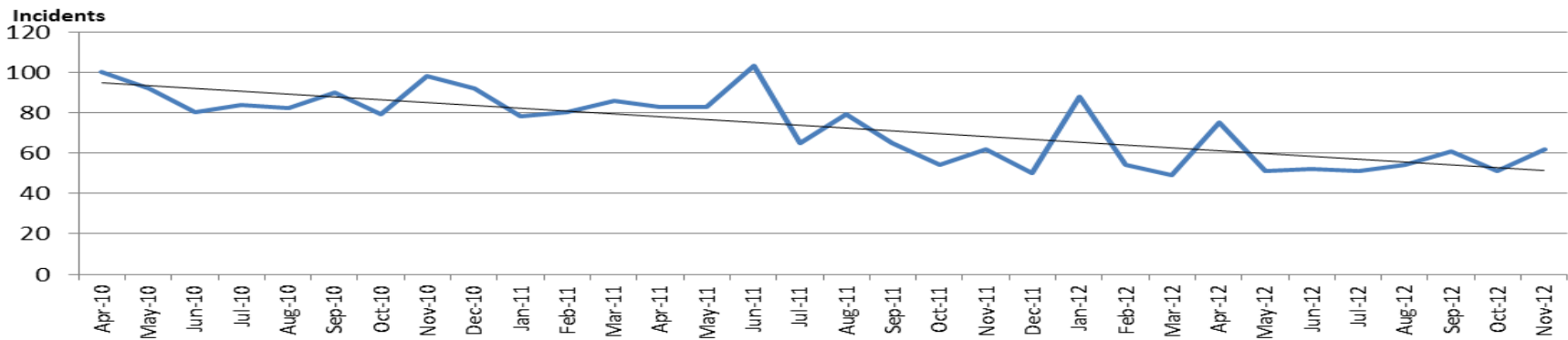
### Number of PALS Complaints Cases MAU



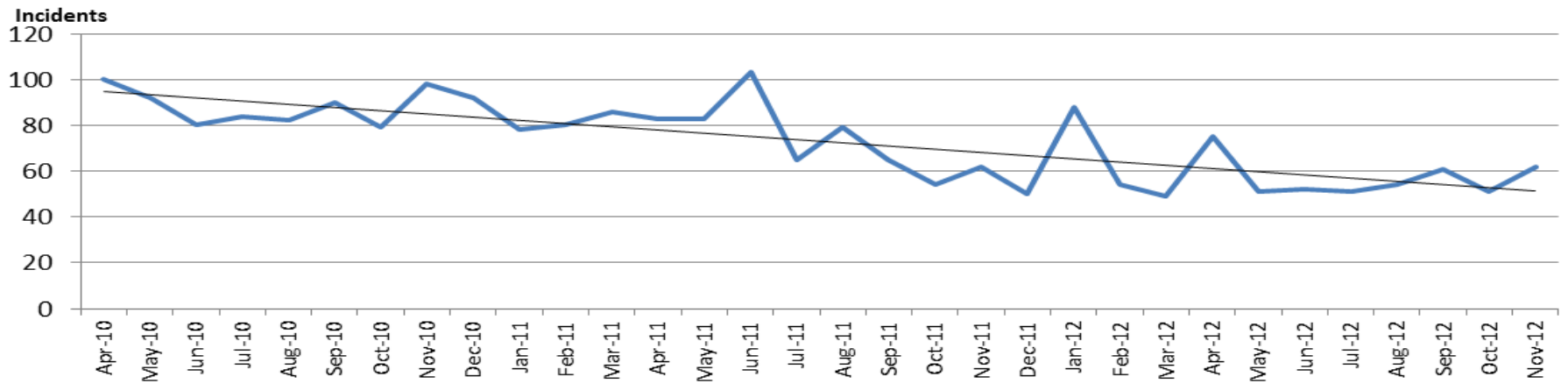
**Trust wide Formal Nursing Care Complaints (PALS)**



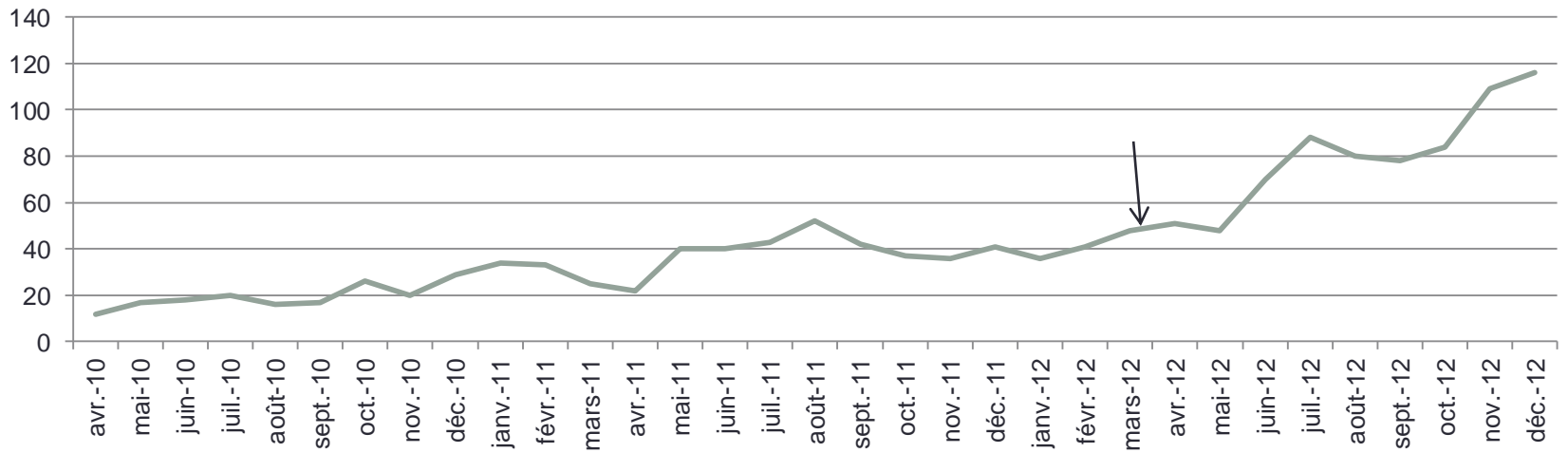
**Trust Wide Falls With Consequence Incidents (Ulysses Data)**



### Trust Wide Falls With Consequence Incidents (Ulysses Data)



### Trust Wide Reported Incidents of Community Acquired Pressure Ulcers



# Summary

- Patients feel better cared for – confidence in care delivery
- Early identification and action of patient's risks and concerns
- Provides structure to the nurse's day
- Doesn't cost any money – just a change of mindset
- Prime Minister's announcement of 'Care Rounds'
- Nursing Times Publication Jan 2012
  
- Intentional care rounds is **not** just ticking a box!

Thank-you for listening